

How I make it work

WORKING rider Beth Barnett brought three horses to these championships and competed all of them in the medium.

She came third on Zantino II, a seven-year-old gelding by Rousseau, and sixth on the thoroughbred Astro Medinox, 11, by Tinsley Faerie Legend.

She was just out of the ribbons with her seven-year-old mare Sheepcote Delight by Dr Doolittle-Wurlitzer. She was also just outside the prize-money in the elementary.

Beth keeps her horses at home in Herefordshire on her parents' co-op fruit farm, where she also works.

"I muck out and ride two in the morning before starting work at 9.30am," said Beth. "It's easier in the summer, but I'm lucky because it's all nearby. I finish work at about 3.30pm and ride another one or two. My parents run a 'farm to fork' project, so we have school visits where the children come to learn about where food comes from.

"It can be quite tiring and it's nice after a stressful day to walk down to the horses and shut myself away with them. I'm sure they have better manners than the children half the time."

Beth manages to get to her trainers David and Serena Pincus about once a week and competes at weekends.

"I've trained with them for about eight years, and I bought Delight from them. She's my princess, a real little diva," added Beth.

"I'd like to do grand prix one day on a horse I've trained myself. I think that would be a real achievement," she added.



Zantino II delivers Beth Barnett's best placing — third in the medium